



Aetna Better Health® of Illinois

AETNA BETTER HEALTH® d/b/a Aetna Better Health of Illinois Policy

Policy Name: Holter Monitors	Page: 1 of 1
Department: Medical Policy & Program Solutions	
Subsection:	Effective Date: 12/01/2020
Applies to: Aetna Better Health of Illinois	

PURPOSE: Per Aetna Better Health of Illinois, Holter Monitors should be reported with a supporting diagnosis indicating a cardiac event/symptom

STATEMENT OF OBJECTIVE/OVERVIEW:

Holter monitoring is considered necessary for diagnostic evaluation of members with a supporting Diagnosis.

DEFINITIONS:

Holter Monitor	A Holter monitor is a self-contained ambulatory and recording device used to capture continuous electrocardiographic measurements over a period of 24 to 48 hours.
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LEGAL/CONTRACT REFERENCE:

Review/Revision History	